

## Farm to School Internship

**Corvallis Environmental Center Background:** The CEC envisions a community in which People Learn, People Care, People Act. In pursuit of this vision, our mission is to educate, engage, and inspire people to create a healthy, sustainable community. We do this through nature-based education, local & healthy food initiatives, and energy conservation programs. The CEC was founded in 1994 as a grassroots effort to take action on environmental issues and today reaches over 15,000 people in Benton County and surrounding area through its programs and services. CEC educational programming and community events are held at the Avery House Nature Center, Starker Arts Garden for Education (SAGE), in community schools, and outside at various parks and other locations. The CEC is a 501(c)(3) non-profit.

**Position Description:** The Corvallis Farm to School program makes connections between our food system and our school system. Our program increases the use of local foods in our schools, encourages children to make healthy eating choices and supports regional farmers. As an intern, you will gain hands-on experience in food, nutrition, and agricultural education, get to work with community volunteers, and assist with promoting local foods for our school district. We provide a wide range of programs, and work with interns to design their experience around their interests.

### Position Responsibilities:

The Farm to School intern will work under the supervision of the Farm to School Coordinator and will be responsible for the following:

- Participate in CEC Internship Orientation
- Assist with Classroom Food Adventures in local elementary schools.
- Assist with Tasting Tables at the Corvallis School District - involves preparing a sample from our Harvest of the Month produce for every student in the Corvallis School District
- Lead activities during Farm Field Trips at SAGE
- Design and implement age-appropriate activities and lessons related to the promotion of local food
- Learn about the national Farm to School movement while working at the local level to connect local farms with our school district
- Help bring more local food, gardens, and food/agricultural education to the students in the Corvallis School District
- Participate in community activities surrounding food, health, and children
- Pursue your own project to contribute to the Corvallis Farm to School movement
- Participate in at least one CEC event (Family Mushroom Hunt, Earth Ball, etc.).
- OPTIONAL: Earn academic credits— available to LBCC & OSU students. See our website and check in with your advisor to see if this internship qualifies for your academic program

### Qualifications:

- Interest in local, sustainable, and seasonal food
- Interest in food, cooking, agricultural, and garden education
- Experience working with children
- Ability to communicate effectively with a diversity of people
- Punctual and reliable
- A self-starter: ability to take initiative
- A positive attitude!

For more information, contact the Farm to School Coordinator at: [Jessica@corvallisenvironmentalcenter.org](mailto:Jessica@corvallisenvironmentalcenter.org)